

ELIZABETH (COOK) THOMAS, PHD

CURRICULUM VITAE

Department of Social and Behavioral Sciences
College of Public Health
Temple University
1700 N. Broad Street
Philadelphia, PA 19121
elizabeth.thomas@temple.edu
(215) 204-1699 (office)
(215) 678-2646 (cell)

EDUCATION

- 2014 PhD – Clinical Psychology (minor: Quantitative Analysis)
University of Nebraska-Lincoln, Lincoln, Nebraska
Dissertation: *Peer Support for Consumers with Psychosis*
Mentor / Dissertation Chair: William Spaulding, PhD
- 2013 - 2014 Clinical Psychology Intern (APA Accredited)
Veterans Affairs Maryland Health Care System (VISN 5 MIRECC)/
University of Maryland School of Medicine, Baltimore, Maryland
Mentors: Melanie Bennett, PhD and Alicia Lucksted, PhD
- 2010 MA – Clinical Psychology
University of Nebraska-Lincoln, Lincoln, Nebraska
Thesis: *An Exploratory Analysis of Functioning across Biosystemic Levels of
Organization in Inpatients and Outpatients with Serious Mental Illness*
Mentor: William Spaulding, PhD
- 2006 BA – Psychology (summa cum laude)
University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

PROFESSIONAL EXPERIENCE

Research and Teaching Experience

- 2020 - Assistant Professor, College of Public Health, Temple University
- 2018 - 2020 Research Assistant Professor, College of Public Health, Temple University
- 2018 - 2020 Adjunct Graduate Faculty, College of Public Health, Temple University
- 2017 - 2018 Adjunct Instructor, College of Public Health, Temple University

- 2016 - 2018 Research Scientist, Department of Rehabilitation Sciences, Temple University
- 2014 - 2016 Postdoctoral Research Fellow (NIMH funded 2014-2015), Aaron T. Beck Psychopathology Research Center, Perelman School of Medicine, University of Pennsylvania
- 2010 - 2013 Research Assistant, Recovery After An Initial Schizophrenia Episode Early Treatment Program (RAISE-ETP), Community Mental Health Center of Lancaster County, Lincoln, NE
- 2009 - 2010 Project Manager, Decision Science in Rehabilitation Grant (DSR) (NIMH funded), University of Nebraska-Lincoln
- 2006 - 2008 Research Assistant, Department of Psychiatry, University of North Carolina at Chapel Hill

Clinical Experience

- 2013 – 2014 Psychology Intern, University of Maryland School of Medicine, Fayette Clinic, Baltimore, MD
- 2011 - 2013 Individual Psychotherapist (certified in Individual Resiliency Training), Recovery After An Initial Schizophrenia Episode Early Treatment Program (RAISE-ETP), Community Mental Health Center of Lancaster County, Lincoln, NE
- 2010 - 2013 Group Facilitator, Midtown Day Rehabilitation Center, Community Mental Health Center of Lancaster County, Lincoln, NE
- 2009 - 2011 Psychology Extern, Psychological Consultation Center, University of Nebraska-Lincoln
- 2008 - 2009 Psychology Extern, Neurocognitive Testing Lab, Community Mental Health Center of Lancaster County, Lincoln, NE

HONORS AND AWARDS

- 2021 - 2022 Grant-in-Aid Research Award (\$3000), Temple University
- 2021 - 2022 Editorial Fellow, *Psychiatric Rehabilitation Journal*
- 2014 2013-2014 Outstanding Intern of the Year Award
- 2008 - 2013 Research Advisory Committee/Warden Travel Award
- 2011 Preparing Future Faculty Fellow
- 2008,10,13 Outstanding Student Research Award, Association for Behavioral and Cognitive Therapies, Schizophrenia and Severe Mental Illness Special Interest Group

GRANTS AND CONTRACTS

Grants Awarded

- 2022 - 2025 National Institute on Disability Independent Living and Rehabilitation Research
Enhancing Community Participation Outcomes among Young Adults with Serious Mental Illnesses through Peer-Delivered Decision Support
(90IFRE0068)
TDC = \$378,549
Role: Principal Investigator
- 2020 – 2024 National Institute of Mental Health: R01 (PI: Melanie Bennett)
Connecting FEP Research and Practice through a Learning Health System
(R01MH120550)
TDC = \$1,489,361
Role: Consultant
- 2018 – 2023 National Institute on Disability Independent Living and Rehabilitation Research
(PI: Mark Salzer)
Rehabilitation Research and Training Center on Community Living and Participation for People with Serious Mental Illness
Role: Co-Investigator
- 2018 – 2022 National Institute of Mental Health: K08
Facilitating Emerging Adult Engagement in Evidence-Based Treatment for Early Psychosis through Peer-Delivered Decision Support (K08MH116101)
TDC = \$688,723; Impact Score (A0) = 27
Role: Principal Investigator
- 2016 – 2018 National Institute on Disability Independent Living and Rehabilitation Research
(PI: Mark Salzer)
Rehabilitation Research and Training Center on Community Living and Participation for People with Serious Mental Illness (90RT5021-02-01)
TDC = \$4,375,000
Role: Research Scientist
- 2014 – 2015 National Institute of Mental Health: T32 (PI: Aaron T. Beck)
Research Training for Prevention of Suicide and Psychosis: A Public Health Model
Role: Postdoctoral Researcher
- 2012 – 2014 Behavioral Health Education Center of Nebraska (BHECN) Behavioral Health
PIE Grant – Pilot in Interprofessional Education
Peer Provided Resiliency Psychoeducation (PPRP)
TDC: \$4,369
Role: Principal Investigator

Contracts

- 2020 National Council for Behavioral Health (contract 2440.0014)
First-Episode Psychosis Expert Panel
\$1000
Role: Subject Matter Expert
- 2019 Substance Abuse and Mental Health Services Administration (contract 283-17-6501)
Evidence Based Research Development (EBRD) Guide #3 – Co-occurring Disorders in Early Serious Mental Illness
\$5000
Role: Consultant/Subject Matter Expert

PUBLICATIONS

†Denotes Student/Mentee Author

Refereed Journal Articles

Thomas, E. C., Read, H., Neumann, N., Zagorac, S., Taylor, C., Kramer, I., Fisher, R. M., & De Angelis, T. (in press). Implementation of occupational therapy within early intervention in psychosis services: Results from a national survey. *Early Intervention in Psychiatry*.

Thomas, E. C., Simmons, M. B., Mathai, C., Salzer, M. S. (in press). Peer-facilitated decision-making in mental health: Promises, pitfalls, and recommendations for research and practice. *Psychiatric Services*.

Nagata, S., Brusilovskiy, E., Snethen, G., **Thomas, E. C.**, McCormick, B., Townley, G., & Salzer, M. S. (in press). Housing and loneliness among individuals with serious mental illnesses. *International Journal of Social Psychiatry*.

Thomas, E. C., Jones, N., Shern, D., Salzer, M. S. (2022). Identifying indicators of community participation-promoting efforts within Coordinated Specialty Care: A modified e-Delphi study of stakeholder perspectives. *Early Intervention in Psychiatry*.

Thomas, E. C., Suarez, J.,[†] Lucksted, A., Siminoff, L. A., Hurford, I., Dixon, L., O'Connell, M., Penn, D., Salzer, M. S. (2021). Facilitating treatment engagement for early psychosis through peer-delivered decision support: Intervention development and protocol for pilot evaluation. *BMC Pilot and Feasibility Studies*.

Thomas, E. C., Ben-David, S., Treichler, E., Roth, S., Dixon, L., Salzer, M., & Zisman-Ilani, Y. (2021). A systematic review of shared decision making interventions for service users with serious mental illnesses: State of science and future directions. *Psychiatric Services*.

Walter, O., **Thomas, E. C.**, Salzer, M. S. (2021). Exploring peer specialists' experiences with

- spirituality in their work: Recommendations for future directions. *Psychiatric Rehabilitation Journal*. <https://doi.org/10.1037/prj0000495>. [Epub ahead of print]
- Rosenthal-Oren, R., Roe, D., Hasson-Ohayon, I., Roth, S., **Thomas, E.C.**, & Zisman-Ilani, Y. (2021). Beliefs about the causes of psychosis among persons with psychosis and mental health professionals: A scoping review. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.202000460>. [Epub ahead of print]
- Shaffer, V. A., Brodney, S., Gavaruzzi, T., Zisman-Ilani, Y., Munro, S., Smith, S., **Thomas, E.**, Valentine, K. D., Volk, R., Bekker, H. L. (2021). Do personal stories make patient decision aids more effective? An update from the International Patient Decision Aids Standards. *Medical Decision Making*. <https://doi.org/10.1177/0272989X211011100>
- Zisman-Ilani, Y., Hurford, I., Bowen, A., Salzer, M., & **Thomas, E. C.** (2021). Evaluating the feasibility of a decision aid to promote shared decision making among young adults with first-episode psychosis: protocol for a pilot study. *BMC Pilot and Feasibility Studies*.
- Thomas, E. C.**, Bass, S. B., Siminoff, L. A. (2021). Beyond rationality: Expanding the practice of shared decision making in modern medicine. *Social Science & Medicine*. <https://doi.org/10.1016/j.socscimed.2021.113900>
- Thomas, E. C.**, Suarez, J.,[†] Lucksted, A., Siminoff, L., Hurford, I., Dixon, L., O'Connell, M., & Salzer, M. (2021). Treatment decision-making needs among emerging adults with early psychosis. *Early Intervention in Psychiatry*. <https://doi.org/10.1111/eip.13134>
- Snethen, G., Jeffries, V., **Thomas, E. C.**, Salzer, M. (2020). Welcoming places: perspectives of individuals with mental illnesses. *American Journal of Orthopsychiatry*. <http://doi.org/10.1037/ort0000519>
- Thomas, E. C.**, Snethen, G., O'Shea, A., Suarez, J.,[†] Hurford, I., & Salzer, M. S. (2019). An examination of the community participation interests of young adults with serious mental illnesses. *Journal of Behavioral Health Services and Research*, 47, 526-543. <https://doi.org/10.1007/s11414-019-09678-0>
- Thomas, E. C.**, Zisman-Ilani, Y., & Salzer, M. S. (2019). Self-determination and choice in the context of mental health services: qualitative insights from a study of self-directed care. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.201800544>.
- Thomas, E. C.**, Snethen, G., McCormick, B., & Salzer, M. S. (2019). An exploration of linear and curvilinear relationships between community participation and neurocognition among those with serious mental illnesses. *Psychiatric Rehabilitation Journal*. <https://doi.org/10.1037/prj0000364>.
- Thomas, E. C.**, Snethen, G., & Salzer, M. S. (2019). Community participation factors and neurocognitive impairment among persons with schizophrenia. *American Journal of Orthopsychiatry*. <http://dx.doi.org/10.1037/ort0000399>.

- Storm, M., Husebø, A. M. L., **Thomas, E. C.**, Elwyn, G., & Zisman-Ilani, Y. (2019). Coordinating mental health services for people with serious mental illness: a scoping review of transitions between hospitals and community. *Administration and Policy in Mental Health and Mental Health Services Research*. <https://doi.org/10.1007/s10488-018-00918-7>.
- Thomas, E. C.**, Bilger, A., Wilson, A. B., & Draine, J. (2018). Conceptualizing restorative justice for people with mental illnesses leaving prison or jail. *American Journal of Orthopsychiatry*. <https://doi.org/10.1037/ort0000316>.
- Thomas, E. C.**, Murakami-Brundage, J., Bertolami, N., Beck, A. T., & Grant, P. M. (2018). Beck Self-Esteem Scale-Short Form: development and psychometric evaluation of a scale for the assessment of self-concept in schizophrenia. *Psychiatry Research*, 263, 173-180.
- Thomas, E. C.** & Salzer, M. S. (2017). Associations between the peer support relationship, service satisfaction, and recovery-oriented outcomes: a correlational study. *Journal of Mental Health*. <https://doi.org/10.1080/09638237.2017.1417554>.
- Thomas, E. C.**, Despeaux, K., Drapalski, A., & Bennett, M. (2017). Person-oriented recovery of individuals with serious mental illnesses: a review and meta-analysis of longitudinal findings. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.201700058>.
- Thomas, E. C.**, Snethen, G., & Salzer, M. S. (2017). A developmental study of community participation of individuals with serious mental illnesses: implications for policy and practice. *American Journal of Orthopsychiatry*, 87, 597-605.
- Thomas, E. C.**, Luther, L., Zullo, L., Beck, A. T., & Grant, P. M. (2017). From neurocognition to community participation in serious mental illness: the intermediary role of dysfunctional attitudes and motivation. *Psychological Medicine*, 47, 822-836.
- Thomas, E. C.**, Muralidharan, A., Medoff, D., & Drapalski, A. L. (2016). Self-efficacy as a mediator of the relationship between social support and recovery in serious mental illness. *Psychiatric Rehabilitation Journal*, 39, 352-360.
- Cook, E. A.**, Liu, N. H., Tarasenko, M., Davidson, C. A., & Spaulding, W. D. (2013). Longitudinal relationships between neurocognition, theory of mind, and community functioning in outpatients with serious mental illness (SMI). *Journal of Nervous and Mental Disease*, 201, 786-794.
- Penn, D. L., Uzenoff, S. R., Perkins, D., Mueser, K. T., Hamer, R., Waldheter, E., Saade, S., & **Cook, L.** (2011). A pilot investigation of the Graduated Recovery Intervention Program (GRIP) for first episode psychosis. *Schizophrenia Research*, 125, 247-256.
- Cook, E. A.**, Davidson, C. A., Nolting, J. R., & Spaulding, W. D. (2011). Observed ward

behavior strongly associated with independent living skills. *Journal of Psychopathology and Behavioral Assessment*, 33, 111-120.

Waldheter, E. J., Penn, D. L., Perkins, D. O., Mueser, K. T., Owens, L. W., & **Cook, E. A.** (2008). The Graduated Recovery Intervention Program for first episode psychosis: Treatment development and preliminary data. *Community Mental Health Journal*, 44, 443-455.

Book Chapters

Spaulding, W. D., **Cook, E.**, & Avila, A. (2014). Therapeutic jurisprudence and recovery from severe and disabling mental illness. In: B. Bornstein & R. Wiener (Eds.). *Justice, Conflict, and Wellbeing: Multidisciplinary Perspectives*. New York: Springer.

Other Publications

Sarwer, D. B., & Thomas, E. C. (2022). New Gerber baby is welcome statement about inclusion of persons with visible differences. *CommonHealth*, 3(2), 97-98.

Substance Abuse and Mental Health Services Administration. First-Episode Psychosis and Co-Occurring Substance Use Disorders. HHS Publication No. PEP19-PL-Guide-3. Rockville, MD: National Mental Health and Substance Use Policy Laboratory: Substance Abuse and Mental Health Services Administration, 2019.

Thomas, E. C. (2019). Engaging Youth and Young Adults In and Outside of the Mental Health System through Youth-Informed Peer Support: A Factsheet for Peer Supporters and Allies. Available at http://www.tucollaborative.org/?smd_process_download=1&download_id=3236

Salzer, M. S., & **Thomas, E. C.** (2016). Peer Support Research Questions from the Perspective of iNAPS Attendees. Available at http://tucollaborative.org/?smd_process_download=1&download_id=961.

PRESENTATIONS

Invited Presentations

Thomas, E. C., & Salzer, M. S. (2022, September). *Supporting Treatment Decision-Making within Early Intervention in Psychosis Services: Results from a Pilot Evaluation of Peer Decision Coaching*. Flash talk presentation at the 2022 Society for Research in Psychopathology conference. Philadelphia, PA.

Salzer, M. S., & **Thomas, E. C.** (2022, March). *It Is A Matter of Mattering: Community Inclusion, Participation, and Social Isolation*. 4th National Conference on Advancing Early Psychosis Care (online).

- Thomas, E. C.,** Lucksted, A., & Salzer, M. S. (2021, November). *Supporting Self-Determination and Self-Advocacy within Early Intervention in Psychosis Services: Results from a Pilot Evaluation of Peer Decision Coaching*. Symposium presentation at the 55th annual Association for Behavioral and Cognitive Therapies conference (online).
- Thomas, E. C.,** Lucksted, A., Siminoff, L. A., Hurford, I., Dixon, L., O'Connell, M., Suarez, J.,[†] & Salzer, M. S. (2021, October). *Treatment decision needs across levels of social support among patients with early psychosis: implications for decision support*. Oral presentation at the 2021 Society for Medical Decision Making conference (online).
- Thomas, E. C.** (2021, September). *Improving Decision-Making Related to Community Life among Emerging Adults with Serious Mental Health Problems*. Presentation at the NIDILRR State of Science Meeting on Improving Outcomes for Adolescents and Emerging and Young Adults Experiencing Serious Mental Health Problems (online).
- Thomas, E.,** Salzer, M. (2020, October). *Fundamentals of Community Inclusion and Participation: Examples and Implications for Coordinated Specialty Care*. Breakout session accepted to the 2020 American Association for Community Psychiatry conference (online).
- Ford, T., **Thomas, E.,** Hadge, C. M., Davidson, C. A. (2020, October). *The Direct Impact of People with Lived Experience on Training and Research in Mental Healthcare*. Panel presentation at the 19th Annual Meeting of the International Society for Psychological and Social Approaches to Psychosis United States Chapter (online).
- Davidson, C. A., Ford, T., **Thomas, E.,** Mazel-Carlton, C., Treichler, E., & Kleinman, M. (2020, November). *The Direct Impact of People with Lived Experience on Training and Research in Mental Healthcare*. Panel presentation at the 54th annual Association for Behavioral and Cognitive Therapies conference (online).
- Treichler, E., **Thomas, E.,** Mote, J., Sneathen, G., Kopelovich, S. L., & Spaulding, W. (2020, November). *Increasing Access to Care through Advances in Innovative Interventions for Serious Mental Illnesses*. Symposium presentation at the 54th annual Association for Behavioral and Cognitive Therapies conference (online).
- Thomas, E. C.** (2020, January). *Recovery-Oriented Strategies to Engage Emerging Adults with Early Psychosis in Early Intervention Services*. Invited talk at the University of Maryland Baltimore. Baltimore, MD.
- Thomas, E. C.** (2020, January). *Reducing the Public Health Burden Associated with Psychosis Through the Promotion of Emerging Adult Engagement in Early Intervention Services*. Invited talk at Temple University. Philadelphia, PA.
- Thomas, E. C.** (2019, December). *Recovery-Oriented Strategies to Engage Transition-Aged Youth with Early Psychosis in Early Intervention Services*. Invited talk at Rutgers University. Piscataway, NJ.

Thomas, E. C. (2019, December). *Peer Support within Early Intervention in Psychosis Services: Why, How, and What's Next?* Invited talk at the University of North Carolina OASIS clinic. Chapel Hill, NC.

Thomas, E. C., & Madden, C. † (2019, November). *Youth Peer Support, Mental Health, and Housing: What We Know and What We Need to Know.* Invited talk at New Directions: Youth Mental Health and Housing event. Philadelphia, PA.

Thomas, E. C. (2019, October). *Reducing the Public Health Burden Associated with Psychosis Through the Promotion of Emerging Adult Engagement in Early Intervention Services.* Invited talk at John Hopkins University. Baltimore, MD.

Thomas, E. C., Elam, J., Hall, V., Koumenis, A., & Markey, J. (2019, May). *Engaging Young Adults In and Outside of the Mental Health System through Youth-Informed Peer Support.* Invited presentation at the Mental Health Partnerships 20th Annual Bell of Hope Colloquium. Philadelphia, PA.

Salzer, M. S., & **Thomas, E. C.** (2016, August). *Research on Peer Support Interventions: Why? How? And What Are the Key Questions?* Invited presentation at the InterNational Association of Peer Supporters. Philadelphia, PA.

Cook, E. A. (2013, July) *Peer Support and Education for Consumers with Psychosis.* Invited presentation to Nebraska Region 3 Behavioral Health Services. Kearney, NE.

Cook, E. A. & Johnson, J. R. (2012, July). *A Crash Course in Peer-Provided Service Research.* Invited presentation at the 6th Annual Peer Specialist Conference. New York, New York.

Academic Presentations

Thomas, E. C. (2019, November). *Decision Needs among Emerging Adults with Early Psychosis: Implications for Shared Decision Making.* Paper presented at the Temple University College of Public Health 1st Shared Decision Making Forum in Mental Health. Philadelphia, PA.

Thomas, E. C. & Hurford, I. (2017, July). *Young Adults and Community Participation: What We Know and What We Need to Know.* Paper presented at the Temple University Collaborative on Community Inclusion Summer Institute. Philadelphia, PA.

Cook, E. A. *Self-Efficacy as a Mediator of the Relationship between Social Support and Recovery in Serious Mental Illness (SMI).* (2014, June). Paper presented at the University of Maryland, Baltimore. Baltimore, MD.

Poster Presentations

Casey, I., † **Thomas, E.** (2022, April). Feasibility of interagency collaboration between child

protective services and adult mental health services: a scoping review. e-Poster presented at the 2022 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.

McCormick, B., Snethen, G., Townley, G., Brusilovskiy, E., **Thomas, E.**, Nagata, S., & Salzer, M. S. Feelings of acceptance and the experience of loneliness among adults with serious mental illnesses. Poster presented at the 2021 American Public Health Association conference.

Brusilovskiy, E., McCormick, B., **Thomas, E.**, Townley, G., Snethen, G., Nagata, S., & Salzer, M. S. The relationship between loneliness and housing among individuals with serious mental illnesses. Poster presented at the 2021 American Public Health Association conference.

Casey, I., † **Thomas, E.**, & Salzer, M. (2021, May). A study of the association between community participation and quality of life and recovery for parents with a mental illness. e-Poster presented at the 2021 College of Physicians of Philadelphia Section on Public Health and Preventive Medicine conference. Philadelphia, PA.

Casey, I., † **Thomas, E.**, & Salzer, M. (2021, April). A study of the association between community participation and quality of life and recovery for parents with a mental illness. e-Poster presented at the 2021 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.

Rosenthal Oren, R., Roe, D., Hasson-Ohayon, I., **Thomas, E. C.**, & Zisman-Ilani, Y. (2020, November). Promoting treatment engagement of patients with psychosis by focusing on differences in causal beliefs between patients and clinicians. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (online)

Madden, C., † Frankel, A., & **Thomas, E. C.** (2020, April). Barriers and facilitators of engagement in early intervention programs for patients experiencing first-episode psychosis. e-Poster presented at the 2020 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.

Suarez, J., † & **Thomas, E. C.** (2020, April). Barriers to treatment decision-making among low, average, and high engagers in early intervention in psychosis services. e-Poster presented at the 2020 Temple University College of Public Health Research and Evidence-Based Practice Day. Philadelphia, PA.

Thomas, E. C., Suarez, J., † Bowen, A., Salzer, M. S., Hurford, I., Dixon, L., & Zisman-Ilani, Y. (2019, November). Demographic, interpersonal, neurocognitive, and attitudinal predictors of shared decision-making among service users with early psychosis. Poster presented at the 2019 American Public Health Association conference. Philadelphia, PA.

Thomas, E. C., Lucksted, A., Hurford, I., Siminoff, L., Dixon, L., O'Connell, M., Suarez, J., †

Zisman-Ilani, Y., & Salzer, M. S. (2019, October). Values clarification among patients with early psychosis: lessons learned and implications for shared decision making. Poster presented at the 2019 Society for Medical Decision Making conference. Portland, OR.

Thomas, E. C., Suarez, J., † Bowen, A., Salzer, M. S., Hurford, I., Dixon, L., & Zisman-Ilani, Y. (2019, April). Demographic, interpersonal, neurocognitive, and attitudinal predictors of shared decision-making among service users with early psychosis. Poster presented at the 2019 Congress of the Schizophrenia International Research Society. Orlando, FL.

Thomas, E. C., Zisman-Ilani, Y., & Salzer, M. S. (2018, October). Self-directed care in mental healthcare: a decision support and patient-centered approach to facilitate patient engagement. Poster presented at the 40th annual Society for Medical Decision Making conference. Montreal, QC.

Thomas, E. C., Zisman-Ilani, Y., Lucksted, A., Hurford, I., & Salzer, M. S. (2018, October). Understanding the treatment decision-making needs of emerging adults with early psychosis. Poster presented at the 11th annual International Early Psychosis Association. Boston, MA.

Wolfe, R. M., † **Thomas, E. C.**, Grant, P. M., & Beck, A. T. (2015, November). Toward an empirical validation of the cognitive theory of delusions. Poster presented at the 49th Annual Association for Behavioral and Cognitive Therapies. Chicago, IL.

Thomas, E. C., Grant, P. M., Zullo, L., & Beck, A. T. (2015, April). From neurocognition to recovery in schizophrenia: the intermediary role of dysfunctional attitudes and motivation. Poster presented at the 63rd Annual Nebraska Symposium on Motivation. Lincoln, NE.

Wolfe, R. M., † Grant, P. M., **Thomas, E. C.**, Tress, C. R., & Beck, A. T. (2014, November). Interrelationships between beliefs, emotional mechanisms, and delusion themes. Poster presented at the 48th Annual Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Cook, E. A., & Spaulding, W. D. (2012, November). Consumers' and peer providers' preferences for peer-based CBTp. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.

Davidson, C. A., Avila, A., Gallegos, Y. E., Bottoms, H. C., **Cook, E.**, Hochheiser, J., & Spaulding, W. D. (2012, November). Assessment of cognitive biases in a community mental health center compared to a large undergraduate normative sample. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.

Davidson, C. A., Hochheiser, J., Bottoms, H., **Cook, E.**, Gallegos, Y. E., Avila, A., & Spaulding,

- W. D. (2012, November). Social functioning and social cognition in serious mental illness compared to a large undergraduate normative sample. Poster presented at the 46th Annual Association for Behavioral and Cognitive Therapies. National Harbor, MD.
- Cook, E. A.**, Allen, A. B., & Davidson, C. A. (2011, November). Latent factor structure of the multinomah community ability scale and the service engagement scale. Poster presented at the 45th Annual Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Liu, N. H., **Cook, E. A.**, Davidson, C. A., Tarasenko, M., & Spaulding, W. D. (2011, November). Longitudinal prediction of social functioning by baseline cognition and internal locus of control in persons with SMI living in the community. Poster presented at the 45th Annual Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Cook, E. A.**, Liu, N. H., Tarasenko, M., Davidson, C. A., & Spaulding, W. D. (2011, June). Longitudinal relationships between neurocognition, social cognition, and community functioning in outpatients with serious mental illness (SMI). Poster presented at the 14th Annual Cognitive Remediation in Psychiatry. New York, NY.
- Cook, E. A.**, Davidson, C. A., Bottoms, H. C., Kleinlein, P., Wynne, A., Tarasenko, M., Reddy, F., Nolting, J., Choi, K. H., & Spaulding, W. (2010, November). An exploratory analysis of functioning across biosystemic levels of organization in inpatients and outpatients with serious mental illness. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Davidson, C. A., **Cook, E. A.**, Bottoms, H. C., Gallegos, Y., Spaulding, W. (2010, November). The inventory of self-efficacy and externality (I-SEE) in a community mental health center: reliability, factor structure, validity, and a proposed validity scale. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Kleinlein, P., Choi, K., **Cook, E.**, Davidson, C. A., & Spaulding, W. (2010, November). Social cognition and interaction training (SCIT) for outpatients with schizophrenia-spectrum disorders. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Liu, N. H., **Cook, E. A.**, & Spaulding, W. D. (2010, November). Cognitive rehabilitation: which treatment works for which outcome? Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Cook, E. A.**, Johnson, R. W., Wynne, A., Tarasenko, M., & Spaulding, W. D. (2009, November). The Comprehensive Inventory of Mental Health and Recovery and Rehabilitation Services (CIMHRRS): A One Year Case Study. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.

Johnson, R. W., **Cook, E. A.**, Choi, K., Nolting, J., & Spaulding, W. (2009, November). The Comprehensive Inventory of Mental Health and Recovery and Rehabilitation Services (CIMHRRS): Profiling Organizational Landscapes. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.

Bottoms, H. C., **Cook, E. A.**, & Spaulding, W. D. (2009, November). Trends in Locus of Control Beliefs and Biosystemic Levels of Functioning in Inpatients with Serious Mental Illness. Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.

Tarasenko, M., Kleinlein, P., Choi, K., Davidson, C. A., **Cook, E.**, & Spaulding, W. (2009, November). Emotion Perception and Social Functioning in Serious Mental Illness: What is the Missing Link? Poster presented at the 43rd Annual Association for Behavioral and Cognitive Therapies. New York City, NY.

Davidson, C. A., **Cook, E. A.**, Nolting, J., & Spaulding, W. (2008, November). Observed Ward Behavior Strongly Associated with Real World Living Skills: An Analysis of Concurrent Validity between NOSIE and ILSI. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.

Tarasenko, M., Kleinlein, P., Choi, K., **Cook, E.**, Davidson, C. A., & Spaulding, W. D. (2008, November). Differential Processing of Emotional Cues in Inpatients and Outpatients with Serious Mental Illness. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.

Choi, K., Reddy, L. F., Wynne, A., Tarasenko, M., Davidson, C. A., **Cook, E.** & Spaulding, W. D. (2008, November). Memory Functioning Trajectories as a Level of Severity of Child Abuse during Inpatient Psychiatric Rehabilitation: An 18-Month Longitudinal Study Using Multilevel Modeling (MLM). Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies. Orlando, FL.

Webinars and Podcasts

Thomas, E. C., & Gardiner, H. (2021). Person-first online workshop. Presented to Click Therapeutics.

Winston, D., Wilkinson, D., & **Thomas, E. C.** (2021). Boundaries, professionalism, and documentation: A webinar for peer specialists and supervisors on CSC teams. Webinar presented to PA and MD Early Intervention Teams.

Thomas, E. C. (2021). Peer support within early intervention in psychosis services: Why, how, and what's next? Webinar presented to PA and MD Early Intervention Teams.

Salzer, M. S. & **Thomas, E. C.** (2019). Podcast guest. Participatory research and peer support. Hosted by E. Sally Rogers, Center for Psychiatric Rehabilitation, Health, & Rehabilitation Sciences, Boston University.

Thomas, E. C. (2019). Addressing the employment goals of young adults with psychiatric disabilities. Webinar presented as part of Research Alliance for Inclusive Employment (REINVENT) webinar series.

Salzer, M. S., & **Thomas, E. C.** (2019). Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care. Webinar presented as part of the National Council for Behavioral Health's technical assistance to coordinated specialty care programs.

MEDIA

Story on my work featured in Temple University's College of Public Health news, posted on January 21, 2020. <https://cph.temple.edu/about/news-events/news/thomas-co-authors-guidebook-early-psychosis-and-substance-use>

Story on my work featured in the Temple News, posted on September 3, 2019. <https://temple-news.com/apa-to-cite-temple-professors-research-on-mental-health/>

Story on my work featured in the Association of Schools & Programs of Public Health's Connect Member Research and Reports, posted on August 16, 2019.

<https://www.aspph.org/temple-person-oriented-recovery-research-influences-new-apa-treatment-guidelines/>

Article featured in the Association of Schools & Programs of Public Health's Connect Member Research and Reports, posted on May 23, 2019. <https://www.aspph.org/temple-review-finds-common-pitfalls-in-post-hospital-care-for-people-with-smi/>

Article featured in Temple University's College of Public Health news, posted on May 21, 2019. <https://cph.temple.edu/news/review-finds-common-pitfalls-post-hospital-care-people-smi>

Article featured in Temple University's College of Public Health news, posted on January 16, 2019. <https://cph.temple.edu/news/circles-could-offer-promising-outcomes-after-incarceration-people-serious-mental-illness?fbclid=IwAR0riXCOB0FdBwOmEXbCYj8xjdorWYAdaM01T5B7C6NHDOq86UxykkfXRjg>

K08 project featured in Temple University's College of Public Health 2018 Year In Review Magazine, posted on October 2, 2018. <https://templecph.atavist.com/2018-year-in-review#chapter-4384268>

K08 project featured in Temple University's College of Public Health News, posted on April 20, 2018. <https://cph.temple.edu/news/researcher-tu-collaborative-receives-nimh-award-study-peer-support-early-psychosis>

K08 project featured in the Association of Schools & Programs of Public Health's Connect Member Research and Reports, posted on March 28, 2018.

<https://www.aspph.org/temple-researcher-receives-nimh-award-to-study-peer-support-for-early-psychosis/>

Article featured in Psychiatric Services "From Pages to Practice" podcast (Episode 7), broadcast on December 15, 2017. <http://ps.psychiatryonline.org/podcast>

TEACHING EXPERIENCE

Teaching

Instructor

Health Communication, Undergraduate course, Temple University, Fall 2022 (40 students). Duties: prepared course syllabus, exams, and assignments; presented lectures; graded exams and assignments.

Health Psychology, Intensive undergraduate course, Temple University, Summer 2017 (9 students). Duties: prepared course syllabus, exams, and assignments; presented lectures; graded exams and assignments.

Abnormal Psychology, Intensive undergraduate course, University of Nebraska-Lincoln, Summer 2010 (35 students). Duties: prepared course syllabus, exams, and assignments; presented lectures; graded exams and assignments.

Teaching Assistant

Human Sexuality, Undergraduate course, University of Nebraska-Lincoln, Fall 2012 (180 students), Spring 2013 (240 students). Duties: graded assignments; proctored exams.

Guest Lecturer

"Promoting Employment and Education among Young Adults with Psychiatric Disabilities," Social Determinants of Health, Department of Kinesiology, Temple University, September 2022

"Establishing and Maintaining a Productive and Efficient Writing Process," Temple University College of Public Health Professional Development Seminar Series for PhD Students, December 2020

"First Episode Psychosis and Early Intervention," Health Psychology, Department of Social and Behavioral Sciences, Temple University, December 2019

"Basics of Quantitative Analysis," Graduate Research I (online), Department of Rehabilitation Sciences, Temple University, October 2018

“Empowerment through Statistical Models,” Undergraduate Research Assistant Professional Development Seminar, University of Pennsylvania, October 2014

“The Community Mental Health Movement: Lessons Learned,” Introduction to Clinical Psychology, University of Nebraska-Lincoln, Summer 2012

“First Episode Psychosis and the RAISE Early Treatment Program,” Abnormal Psychology, University of Nebraska-Lincoln, Summer 2011

Curriculum Development

2022 Research and Evidence Based Practice Suitable curriculum developer, Temple University College of Public Health

Training, Consulting, and Supervising

2022 Interview on psychiatric rehabilitation for online course for non-psychiatric healthcare providers (University of Michigan Department of Psychiatry)

2022 Training on Strategic Storytelling by Peer Specialists as part of Pennsylvania and Maryland Annual Coordinated Specialty Care Training (online)

2022 Consultant to Voice and Vision regarding analysis and reporting of quality improvement data (Philadelphia, PA)

2021 Training on “Shared Decision Making within Early Intervention Services: Highlighting the Unique Role of Peers” as part of Pennsylvania Statewide Coordinated Specialty Care Training (online)

2019 Training on Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care (Raleigh, NC)

2018 Training on Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care as part of Pennsylvania Statewide Coordinated Specialty Care Training (Harrisburg, PA)

2018 Training Coordinator, Temple University College of Public Health, Half-Day workshop with Alicia Lucksted to 12 participants on qualitative interviewing

2016 Consultant on Recovery-Oriented Cognitive Therapy to Philadelphia Community Treatment Teams Incorporated (CTT) (Philadelphia, PA)

2015 - 2016 Consultant on Recovery-Oriented Cognitive Therapy to Temple Episcopal Hospital Extended Acute Unit (Philadelphia, PA)

- 2014 - 2016 Consultant on Recovery-Oriented Cognitive Therapy to Girard Medical Center Extended Acute Unit (Philadelphia, PA)
- 2014 - 2015 Consultant on Recovery-Oriented Cognitive Therapy to Georgia State psychiatric hospital staff, community behavioral health workers, and peer support specialists
- 2014 Co-facilitated 2 5-day trainings on Recovery-Oriented Cognitive Therapy for Georgia state psychiatric hospital staff, community behavioral health workers, and peer support specialists. Attended by 50 participants.
- 2011 Clinical Supervisor, Psychological Consultation Center, University of Nebraska-Lincoln

Mentoring

- 2022 Mentor, Alexis McKeever, Temple University College of Public Health
- 2022 Preparing Future Faculty mentor, Rebecca Wolfe, University of Nebraska-Lincoln
- 2021 MPH Faculty Advisor, Valerie Amato, Zoe Garber, Khamera Manders, Kennedy Stoll, Katherine Zuk, Temple University College of Public Health
- 2021 Mentor, Jenna Patel and Rachel Markley, Undergraduate Research Assistants, Temple University College of Public Health
- 2020 - Graduate Mentor, Irene Casey, Temple University College of Public Health
- 2019 - 2020 Mentor/Fieldwork Preceptor, Casey Madden, Temple University College of Public Health
- 2018 - 2022 Mentor, John Suarez, M.A., Research Assistant, Temple University Collaborative on Community Inclusion
- 2014 - 2016 Undergraduate Research Mentor (Rebecca Wolfe), University of Pennsylvania (current position: clinical psychology doctoral student at the University of Nebraska-Lincoln)
- 2009 - 2013 Undergraduate Research Supervisor and Mentor to 10 Research Assistants within Serious Mental Illness Research Lab

PROFESSIONAL SERVICE

Grant Reviews

- 2020 Grant reviewer, Medical Research Council (UK)

Editorial Positions

2021 - 2022 Editorial Fellow, *Psychiatric Rehabilitation Journal*
 2020 - Editorial Board, *American Journal of Orthopsychiatry*

Ad Hoc Journal Reviewer

Administration and Policy in Mental Health and Mental Health Services Research; Disability and Rehabilitation; Frontiers Psychiatry; International Journal of Medical Informatics; International Journal of Qualitative Studies on Health and Well-being; Journal of Affective Disorders; Journal of Community Psychology; Journal of Mental Health; Pilot and Feasibility Studies; PLOS One; Psychiatry Research; Psychiatric Services; Rehabilitation Psychology; Schizophrenia Research

Academic Committees

National/International Academic Committees

2019 - 2021 Workgroup Member, International Patient Decision Aid Standards (IPDAS)
 2019 - Coalition Member, Research Alliance for Inclusive Employment (REINVENT)

University Committees

2020 - Steering Committee Member, Office of Community-Engaged Research and Practice, College of Public Health, Temple University
 2019 – 2020 Poster Judge, College of Public Health Research Day, Temple University
 2018 – 2022 Elected Member, Research Programs and Policies Committee (RPPC) of the Faculty Senate, Temple University (served as Secretary from 2020-2022)
 2011 - 2012 Elected Student Representative, Interview Weekend Committee, University of Nebraska-Lincoln

Departmental Committees

2020 - Graduate Committee, Department of Social and Behavioral Sciences, Temple University
 2020 - 2021 MPH Admissions Committee Member, Department of Social and Behavioral Sciences, Temple University
 2020 Abstract Reviewer, Social and Behavioral Sciences Student Research Award, College of Public Health, Temple University

Community Committees

- 2020 Member, Mental Health Subcommittee, Philly Homes 4 Youth Coalition
- 2019 Coalition Member, Mental Health Education Coalition of Pennsylvania
- 2009 Advisory Board Member, Partners in Empowerment and Recovery (PIER), Region V Assertive Community Treatment (ACT) Team, Lincoln, NE

Conference/Panel Organization

- 2020 Forum Organizer. Evidence-Based Approaches to Engaging Individuals and Families in Care. Psychosis and Schizophrenia Spectrum Special Interest Group (PASS-SIG) of the Association for Cognitive and Behavioral Therapies (ABCT). Online.
- 2019 Conference Organizer. Temple University College of Public Health 1st Shared Decision Making Forum in Mental Health. Philadelphia, PA.

PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

American Psychological Association
Association for Behavioral and Cognitive Therapies
International Early Psychosis Association
Schizophrenia International Research Society
Society for Medical Decision Making
Society for Research in Psychopathology